

## JI STUDENT WELLNESS

The Jefferson County Board of Education is committed to providing a school environment that enhances learning and assists students in developing lifelong wellness practices.

To accomplish these goals:

1. The District shall engage students, parents, teachers, administrators, food service professionals, health professionals, and other interested community members in developing, implementing, monitoring and reviewing this policy and in reviewing district-wide nutrition and physical education opportunities, plans and initiatives.
2. Child Nutrition Programs shall comply with federal, state and local requirements.
3. Child Nutrition Programs shall be accessible to all students
4. All students shall have opportunities, support and encouragement to be physically active on a regular basis as provided in school policy.
5. Sequential and interdisciplinary nutrition education shall be provided and promoted.
6. Patterns of meaningful physical activity shall connect to students' lives outside of physical education.
7. All school-based activities shall be consistent with district wellness policy goals.
8. All foods and beverages sold individually outside the reimbursable school meal programs (including those sold through a la carte, snack lines, vending machines, and student stores— other than after-school concession sales) during and after the school day, shall meet the nutrition guidelines established in KRS 158.854(1) and 702 KAR 6:090.
9. The school environment shall be safe, comfortable and pleasing and shall permit ample time and space for eating meals.
10. The superintendent/designee shall monitor compliance with this policy. At the school level, the principal/designee shall monitor compliance with the wellness policies in his/her school and shall report on the school's compliance as directed by the superintendent/designee.
11. The Wellness Committee shall continue to meet at least quarterly and make reports and recommendations to the Board of Education from time to time. The board does hereby thank the committee members for their service on the committee.

Adopted: August 14, 2006, Motion #30305  
Reference: Public Law 108-265, Section 204  
KRS 158.854, KRS 158.856